

## Students, faculty help raise \$7,000 for retarded

The second annual Tyler Association for Retarded Citizens' "Walk a Mile for a Special Child" raised \$7,000 Saturday with lots of help from TJC faculty and students.

Sociology students, football players, sororities and fraternities started walking in Bergfeld Park.

"Walk a Mile for a Special Child" is the brainchild of Sociology Instructor Rebecca Foster, Tyler ARC vice president.

"We more than doubled donations and participation this year, thanks to the wonderful people on campus," she said. "I want to thank everyone who participated."

Community involvement for a good cause created a feeling of purpose and togetherness in those who took part.

Dr. Billy Jack Doggett, dean of health, physical education, recreation and athletics, who walked, said he was proud to see all the student participation.

"It's a great thing to see all the student involvement," he said. "It's a good experience for everyone involved to be part of this event -- the students, the children and the parents. I'm very happy to see it and to be a part of it."

The Apache Football Team lent muscle, heart and spirit to the cause by helping with the set-up and pushing those in wheelchairs on the walk,

cheering and cheerfully kidding around the whole time.

Head Football Coach Delton Wright said the team was happy to take part in a community project and plans more community involvement in the future.

"The community has been supportive of us and we'd like to give something back," he said. "We want our athletes involved in the community and this gives us an opportunity to show that we do want to take part."

His players had some comments about the walk:

"It's a good experience being with these kids," Tight End Michael Tidwell said. "It's something I like giving my time to."

Noseguard Elvin Massenberg said he would like to see his team become more involved in the community.

"It makes you appreciate how fortunate you are," Quarterback Torrance Garfield said.

"Some of these kids will never get the chance to do the little things we take for granted, like walking to class or playing football," Garfield said.

"They can't even do the things we're too lazy to do," he said. "It gives you a new and different perspective on life if you stop and think about it."

Brookshire's, Albertsons and Tyler Beverage provided food and



photo by steve dodson

**MUSCLE, HEART AND SPIRIT**--The Apache Football Team received a trophy as most helpful campus organization at the second annual Tyler Association for Retarded Citizens' "Walk a Mile for a Special Child" Saturday for setting up and pushing those in wheelchairs. Faculty and students helped raise \$7,000.

donations and Magic 102 furnished music. Smith County Sheriff's department and Tyler Police officers escorted the walkers. Mother Frances Hospital sent a courtesy ambulance.

"I can't speak for the police department, but personally I'm glad to be here and show support," said Tyler patrolman Richard Razis, a TJC student. Of Foster he said, "If we could somehow harness her energy we could solve the energy crisis."

Trophies were awarded for participation and fund-raising.

Of Greek groups who participated, Zeta sorority and Sigma Delta Nu raised the most money for the event.

The Football Team received a trophy as most helpful campus organization.

Student Mike Dodson raised the most money singlehandedly.

Foster's Sociology 213-02 raised

\$1,700 for the event.

The money will stay in the Tyler area and fund the Special Olympics, Camp Heyday and educational and legal projects for the retarded.

The next ARC fund-raising project will be the "Famous People Players" performance March 22 in Caldwell Auditorium.

Tickets cost \$5 per child and \$10 per adult. For more information contact Linda Douglas at 597-0995.

## Blood drive yields 90 pints for Shriners

The Sharon Temple Shriners collected 90 pints of blood at a campus blood drive Monday and Tuesday.

The Shriners collect blood for all Shriners' hospitals.

"Blood collected goes mostly to burn patients," Shriner Bill Terry said.

Anyone can participate in the blood drives, but most who give are TJC students, he said.

The Shriners collect blood twice a year at TJC.

"When there is a shortage of blood, we come back to get extra," Terry said.

"For the past several years, I have noticed a decrease in donors," he said.

"I guess we don't have enough time to give notice when we are coming, so we don't get much publicity," he added.

"Some people are afraid of needles and afraid of contracting AIDS," Terry said.

AIDS cannot be contracted by giving blood.

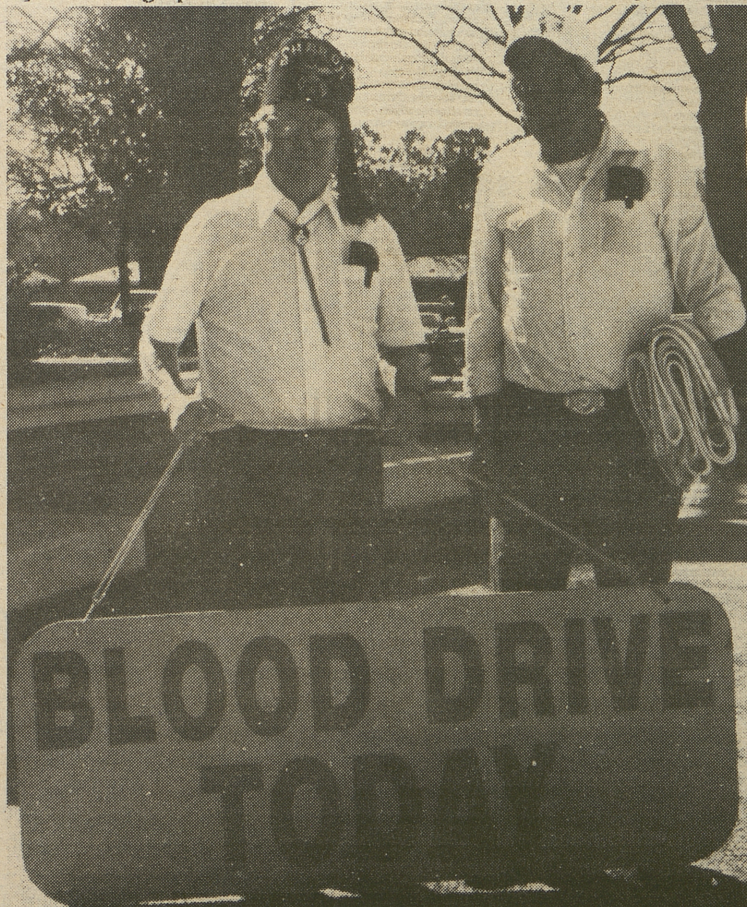


photo by katrina miller

**BLOOD THIRSTY**--Shriners Bill Terry and Jim Welsh helped collect 90 pints of blood this week at a campus blood drive.

## 40th annual Career Day takes place today, tomorrow

High school and middle school students from surrounding areas will participate in TJC's 40th annual Career Day today and tomorrow.

This year's theme is "Get a Clue."

Middle school students from the TJC district will see exhibits in Gentry Gym and tour the campus from 1 p.m. to 3 p.m. today.

Students from 50 high schools are expected to converge at 9 a.m. tomorrow to experience TJC's campus environment and give some thought to future career opportunities.

"The purpose of Career Day is to broaden horizons for what careers are out there and to show students how to start planning careers," Admissions Counselor Tammy Eubank said.

Students from six middle schools will arrive at 1 p.m. after high school students have gone, Admissions Counselor Tammy Eubank said.

The agenda includes a campus

tour and group sessions in science, humanities and social science, health science, health and physical education, math and business and industrial technology. Individual career sessions will also be held and a noon meal will be served in Wagstaff Gym.

This year the campus tour takes on a new look with a "Mystery Hunt." Students will have seven chances of winning prizes such as T-shirts, beach towels, book bags and a jam box.

TJC students and organizations such as the Apache Bells, Band, Cheerleaders, Harmony and Understanding and the Jazz Band, have volunteered their help on Career Day with the tours, displays and entertainment.

Students will also be treated to a free lunch.

More than 3,000 students have been invited from a 14-county area. They are: Anderson, Cass, Cherokee, Freestone, Houston, Hunt, Leon, Marshall, Rusk, Smith, Upshur, Van Zandt and Wood counties.



## 'New world order' remains mystery

Now that the war is over, Americans await the "new world order" President George Bush has been promising.

No word has come so far on exactly what that new order may be, simply because the Bush administration is no closer to defining its role in the world than it was after the cold war.

Does the easy victory in the Gulf mean America will become the world's policeman? It could reinforce the idea that the United States calls the shots while others pay the bill.

An old world order — a new world budget.

But there is a problem.

For now, the Gulf crisis has helped relations between the United States and its old European allies. But the Europeans did not fully back the coalition to start with and will remain skeptical of America's new world order despite the outcome of the war.

They do not back America's "new world order" 100 percent.

Japan has yet to pay what they promised to finance the Gulf war. While America was fighting Hussein, the Japanese launched their own attack on the United States, threatening to stop buying treasury bonds if Congress voted against them in a market dispute.

They do not back America's "new world order" 100 percent.

The French could split with U.S. policy in the Middle East if the Bush administration does not push for an international conference to solve the Palestinian issue.

They do not back America's "new world order" 100 percent.

Crises that Bush knows need to be addressed, such as Colombia's cocaine kings, probably will not be, simply because there is little legal basis or international backing let alone financing for foreign intervention in such cases. For these reasons, Congress and the American people are unlikely to endorse such strong U.S. action as they did in the Gulf.

Bush's "new world order" remains a mystery. For now, Americans can revel in their victory, but the new order is not likely to be any easier — or any different — than the old.

## Tyler Junior College News

The Tyler Junior college News is published by journalism students weekly except during holidays and exams. Opinions expressed in the News are not necessarily those of staff adviser or administration. The News accepts letters to the editor from the college community for possible publication. Letters must be signed and include the writer's address and telephone number. Advertising and letters may be addressed to: TJC News P.O. Box 9020 Tyler, Texas, 75711. The editor reserves the right to select and edit letters in accordance with college policy, legal requirements and length.

EDITOR: Lisa Warren

PAGE EDITOR: Bruce Gimble

STAFF WRITERS: Shannon Armstrong, Wayne Carter, Candice, Steve Dodson, Chris Fulcher, Katrina Miller, Christi Morris, Laren Pitts, Traci Richardson, Merri Schivelbein, Joanna Tucker, and Katrina Wade

CIRCULATION MANAGER: Cheril Sweet

*Campus news for more than 50 years*

Member  
Community College Journalism Association  
Texas Community College Journalism Association

## Players, not coaches, should get blame for academics, behavior

By WAYNE CARTER  
staff writer

The past few years have seen a disturbing trend in college athletics. Coaches, more and more, are shouldering the blame for their players' performance in the academic arena and for their behavior in society.

Some coaches recruit players based only on their performance in their sport. That's wrong, but coaches are under so much pressure to win or be fired, they often have no choice. Recruiting should focus on finding the best student athletes who are deserving of a scholarship.

are admitted just because they may lead the team to a conference title, to bowl appearances, maybe even to a national championship.

Then, when problems start, when players start skipping and failing classes, when they turn out to be irresponsible and sometimes unable to function normally in social situations, the coach gets all the blame.

Barry Switzer is a prime example of a coach held responsible for his players' actions away from the athletic arena. After several incidents involving Oklahoma players, including a shooting in the athletic dorm and the arrest of starting quarterback

to get the absences excused. At big schools, professors often don't care if you attend class. It's your money or scholarship and your grade that you are risking.

If you choose to go out and party your nights away, that's your choice. Again, it's your money and your grade you are playing with. If you blow it, you blow it.

Your adviser is not going to take any heat from the administration or have to answer to the media for your actions. Why should there be a double standard for coaches?

Deserving athletes should be given the opportunity, through athletic scholarships, to earn a degree. If they blow it, let it be the way it is with ordinary students, a part of the growing up process.

They need to learn that they are not better than everyone else just because they are superior athletes. They need to learn there will not always be people eager to help them and give them discipline and support. They must develop self-reliance and self-discipline.

Athletics on college campuses are not in proper perspective, especially at the highest levels of competition. The emphasis needs to be shifted toward helping people learn, both in the classroom and life, as responsible adults.

Coaches should try to be a positive influence on their players and encourage them to work hard to get a degree, even if it means sacrificing practice and playing time. The pressure to win keeps most coaches from going that far. But even for those who try, the old adage still applies: "You can lead a horse to water, but you can't make him drink."

Let's stop placing all the blame for the sad state of college athletics on coaches. Boosters and administrators who pressure coaches to win at any cost, even if it means recruiting players who are ill-prepared for life in a college environment, should share the blame.

And when athletes on scholarship fail their classes, commit crimes or cause any trouble, let that person shoulder full responsibility for his actions. Don't blame the coach who's just trying to do his job.

*Deserving athletes should be given the opportunity, through athletic scholarships, to earn a degree. If they blow it, let it be the way it is with ordinary students, a part of the growing up process.*

It is wrong to admit to a college or university students who excel at a certain sport but don't meet normal admission standards. But pressure to win, along with lenient admission standards for athletes, invite coaches to recruit less than desirable students who are highly desirable as athletes.

The National Collegiate Athletic Association mandates a minimum 700 score on the Scholastic Aptitude Test or an equivalent score on the American College Test to be eligible as a freshman. Athletes scoring lower than 700 still may be admitted, but must forfeit their freshman year of eligibility.

These admission standards are unfair to non-athletic students who would not even be considered for admission with such low scores. They are also unfair to coaches who want to bring in the best student-athletes possible but, to field a competitive team, often must recruit players who are either too immature or otherwise incapable of handling course work at a major college.

This opens the door to serious problems. Players unable to function in the classroom at the required level

Charles Thompson on drug charges, Switzer in early 1989 lost the position he'd held for 17 years.

Switzer unquestionably did his job well. His teams were perennial favorites to win the Big Eight Conference football championship and were bowl game participants. He brought the school what it wanted: great football players, not great students.

To what extent should a coach be held responsible for his players' actions away from athletics? In almost every newspaper or sports periodical are reports of a player being suspended from a team for getting drunk or missing class. The coach's control of his players is often brought into question.

Imagine if your academic adviser was hounded by the administration and by other faculty members about his or her control over you each time you missed a class or were seen drinking.

College is an opportunity not only to learn from teachers and textbooks, but also to learn responsibility. You can choose to miss classes without having to go to the principal's office

## Scottish band's debut album fails to please

By LISA WARREN  
editor

The Scottish band HORSE makes its American debut with "The Same Sky," an album that, they say, is a "tight-fitting combination of soul, pop and rock."

The only tight-fitting thing about this group seems to be lead vocalist Horse McDonald's pants. His quak-

ing voice sounds suspiciously like Cher's.

If one's list of hot rockers includes the now defunct Spandau Ballet, this album may have something to offer. Otherwise, the album should only be considered classic pop and a pinch of soul.

Some songs on the album are okay, like the almost religious "You Could be Forgiven" and "Breathe Me," a song which captures the feel-

ing of sharing life with someone.

The entire album deals with relationships and emotions. After listening for a while, it is easy to guess what the next song will be about — or even what the next tune will be.

The melodies are too "get up and dance" to accompany a quiet dinner with the one you love, but they do not make you want to dance.

At best, they will move you into a quiet slumber.



# Campus Briefs

## Eight make music at convention

Eight Apache Band members played recently for the Texas Music Educators Association Convention in San Antonio.

They are: clarinets, Angie Dorner, Samantha McCord and Ines Natera; tenor saxophone, Noel Vickers; trumpets, Rodney Jones and Shane Wallace; bass trombone, Eddie LaBar; and euphonium, Sedric Pinkney.

"I am very proud of the accomplishments of these students. It's a very prestigious honor to be a member of this elite group," Apache Band Director Gary Jordan said.

The annual convention in San Antonio draws together professional groups, high school and college students.

## Brookshire's helps students

Twenty-four Brookshire Grocery Company employees are attending TJC on academic scholarships.

They include: Denis Adams, Lance Browning, Duane Burk, Aquilla Crater, Tim Cole, Jodi Lynn Coleman, Heath German, Jeremy Gibson, Steve Hicks, Kelly Jackson and Jon Jacobs.

Others are: Ray Lindblom, Clay Looney, Leonard Martinez, Eric Matthews, Stephen Mills, Jayson Morris, Phil Tompkins, Randy Turner, Craig Vinson, Jody Wilcox, Steve Wimberly, Chris Witt and Matt Wright.

"Brookshire's scholarship program began in 1962 to encourage Brookshire's employees to pursue careers in the grocery business," Randy Duke, Brookshire's personnel training manager, said.

Brookshire's employee scholarship recipients must maintain excellent scholastic records as well as excellent work records, Duke said.

## Navy program pays tuition

The United States Navy has recently introduced a program that financially assists high-quality second-year students enrolled in an accredited community college to complete their associate degree while enlisted in the Naval Reserve. The program is called the Navy Technical Scholarship program (NTSP).

After enlisting, the students attend school and receive E-1 pay and allowances (approximately \$1,000 a month) until completion of their associate degree requirements.

A student must meet the qualifications for the program. The program requires that a student be an unmarried U.S. citizen in good health between the ages of 17 and 22. Applicants for the program must also score between 65 and 99 on the Armed Forces Qualifications Test.

A student must be enrolled or accepted at an accredited

two-year community college with a cumulative G.P.A. of at least 2.5 and able to complete all requirements for an associate degree by Sept. 30.

For further details, contact the local Navy Career Counselor, Petty Officer Mark McIntosh at 535 WSW Loop 323 Suite 204, 561-3977.

## Areas need summer lifeguards

The U.S. Dept. of Interior National Park Service has announced that summer lifeguard jobs are available at the following locations: Acadia National Park, Maine; Assateague Island National Seashore, Maryland/Virginia; Cape Cod National Seashore, Massachusetts; Cape Hatteras National Seashore, North Carolina and Delaware Water Gap National Recreation Area, New Jersey/Pennsylvania.

Other locations are: Fire Island National Seashore, Florida; Natchez Trace Parkway, Alabama; and Virgin Islands National Seashore, St. John, U.S. Virgin Islands.

Applicants for these jobs must be American citizens at least 18 years old for all the above duty stations except Gateway National Recreation Area, where applicants may be 16 years old. They must pass all parts of a reemployment performance test in one test session May 12 and meet applicable experience requirements.

For more information about the test, pay scales and applicable experience requirements for these lifeguard jobs, applicants should call 1-800-678-7946.

## Music class begins next week

A music technology class will begin Tuesday. The class, which meets from 7 to 9 p.m. every Tuesday and Thursday in the ICLC room upstairs in the Vaughn Library and Learning Resources Center, will cost \$140.

"The MIDI Technology class deals with concepts and problems concerning sequencing techniques, with hands on experience," Linda Watkins, Humanities and Social Sciences assistant dean, said.

Musical software is put into the computer and the sound is recorded from the computer.

Music is really changing, she said.

"Music on computers creates new sounds and diversity," Watkins said.

Steve Lias, a well-known musician, teaches the course, she said.

Lias is working on his master's degree at Stephen F. Austin State University.

Some MIDI technology classes will be offered this summer, Watkins said.

For more information call 510-2548.

## Grant to fund math courses

TJC has received an Eisenhower Mathematics and Science Program Grant.

Dr. Gerald T. Wilson, science and mathematics dean, said the \$30,000 grant will be used to fund two math courses for Tyler Independent School District teacher aides who want to return to college to complete their teacher certification process.

The courses will present algebra in an innovative way, resulting in a novel approach to teaching math, Wilson said.

The beginning algebra course will be offered this fall and the intermediate algebra course in the spring.

Teachers for the course will be Steve Green, assistant coordinator of success oriented studies and Karen Evans, who has taught at TJC and the University of Texas at Tyler.

The Eisenhower Grant is administered by the Texas Higher Education Coordinating Board.

## Foundation plans food, music

The Wesley Foundation has planned a free supper and concert at 5:30 p.m. Monday, the Rev. Harvey Beckendorf, campus minister, said.

The United Methodist Women of Marvin United Methodist Church will provide and serve the free supper at the center.

Chris Quanz, a contemporary gospel composer and singer from Hurst will perform. Quanz has made four recordings and a video program.

All TJC students are invited to come, Beckendorf said.

## Roots class to be offered again

A class on "Writing Your Roots" scheduled this month will be offered in early summer. It is a non-credit community services class.

"The class will be offered again in June," Student Publications Director Linda Zeigler said.

"The class will allow people to look at their history and put it in story form," Linda Watkins, Humanities and Social Sciences assistant dean, said.

"Linda Zeigler is an expert on writing your roots," Watkins said.

"Alex Haley visited our campus a few years ago and he stressed the importance of knowing your roots and where you came from," she said. "Students are encouraged to get a tape recorder and talk to their grandparents about their history and put it all together."

**Don Johnson's**  
**STRIKE THREE BAIL BONDS**  
**903-597-9050**

**Strike Three and You're Outta**  
**There ... 24 hours - 7 Days**  
**Bill Bobbit Don Johnson**

## Christian singer to perform for Religious Emphasis Week

Contemporary Christian Singer Steve Camp will perform as a part of Religious Emphasis Week at 7 p.m. Tuesday in Wise Auditorium.

The concert will be free. A pizza and autograph party will follow at Better Books Christian Center, the Rev. Harvey Beckendorf, campus minister, said.

Illinois-born Camp has just released his tenth album, "Justice."

Camp produced and arranged the album and used members of James Taylor's back-up group plus string arrangements by Elton John's long-time orchestrator, Paul Buckmaster.

Camp has released nine best-selling albums in 10 years, including "After God's Own Heart," nominated for Contemporary Album of the Year in 1988.

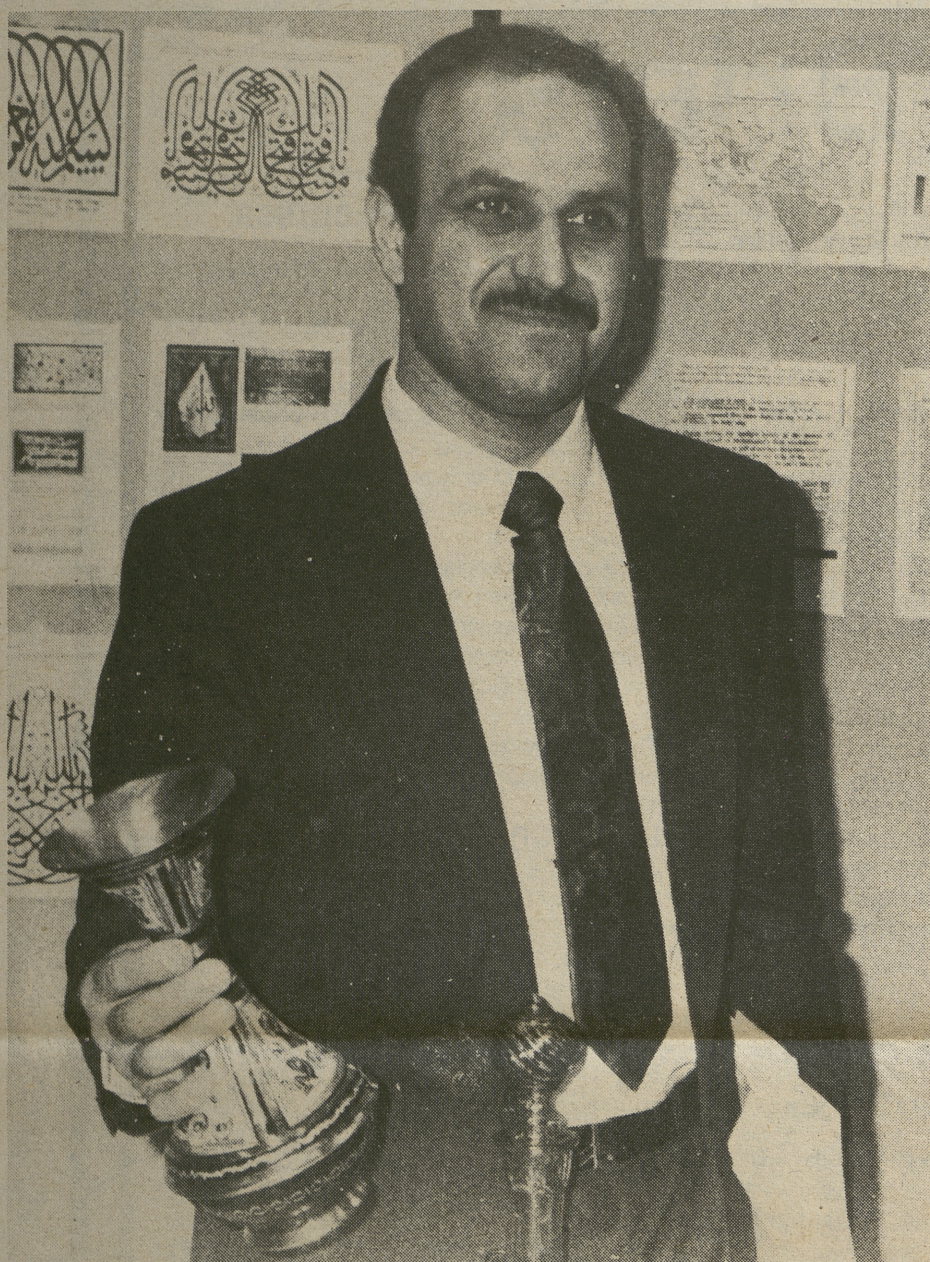
Along with eight No. 1 songs to

hit the charts, Camp wrote the Grammy-winning song "Martin," recorded in 1986 by Shirley Caesar.

Camp is also noted for organizing CAUSE, Christian Artists United to Save the Earth, and for funding A.C.C.T., Aids Crisis and Christians Today.

All TJC students are invited to attend the supper and concert at the Wesley Foundation, Beckendorf said.





## Mideast exhibit brings culture to community

About 250 to 300 people saw handcrafts, Persian carpets, maps, slides and videotapes from the Middle East at a cultural exhibit Tuesday.

The exhibit was put together by Government Instructor Manouchehr Khosrowshahi to provide others with information about the region.

"There was an interest of students and people in Tyler who wanted to learn," he said.

The exhibit focused on certain areas of the Mideast culture such as language, religion, oil, the Arab/Israeli conflict, the arms race and civilization.

Most of the displays came from Khosrowshahi himself, but many people from different countries volunteered personal belongings to be shown. Products came from Oman, Iran, Saudi Arabia and Turkey among others.

A Pakistani gave a performance of Eastern music and Khosrowshahi's continuing education class on Middle Eastern politics were given certificates of completion at the exhibit.

This was the first exhibit of its kind at TJC and Khosrowshahi hopes it will not be the last.

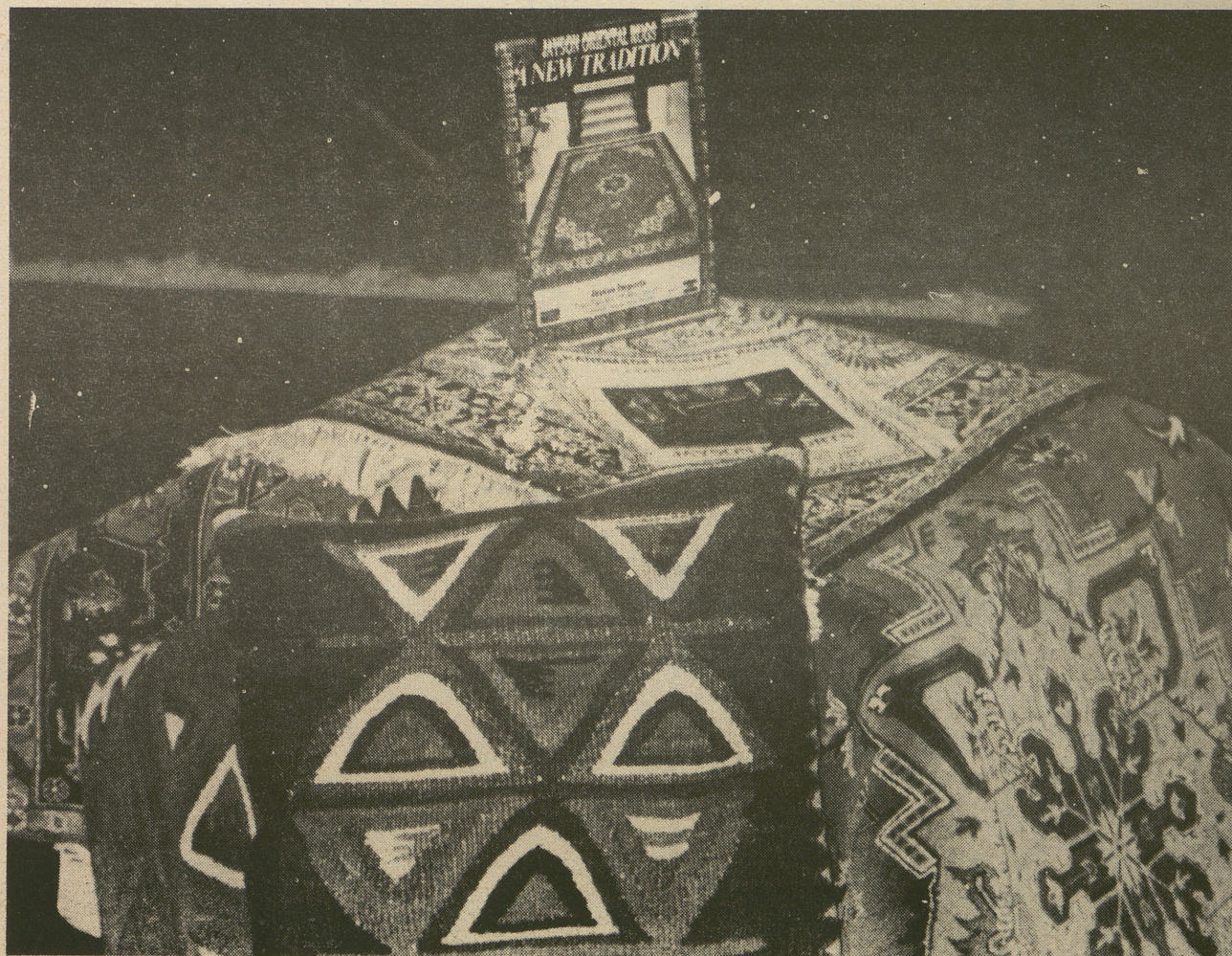
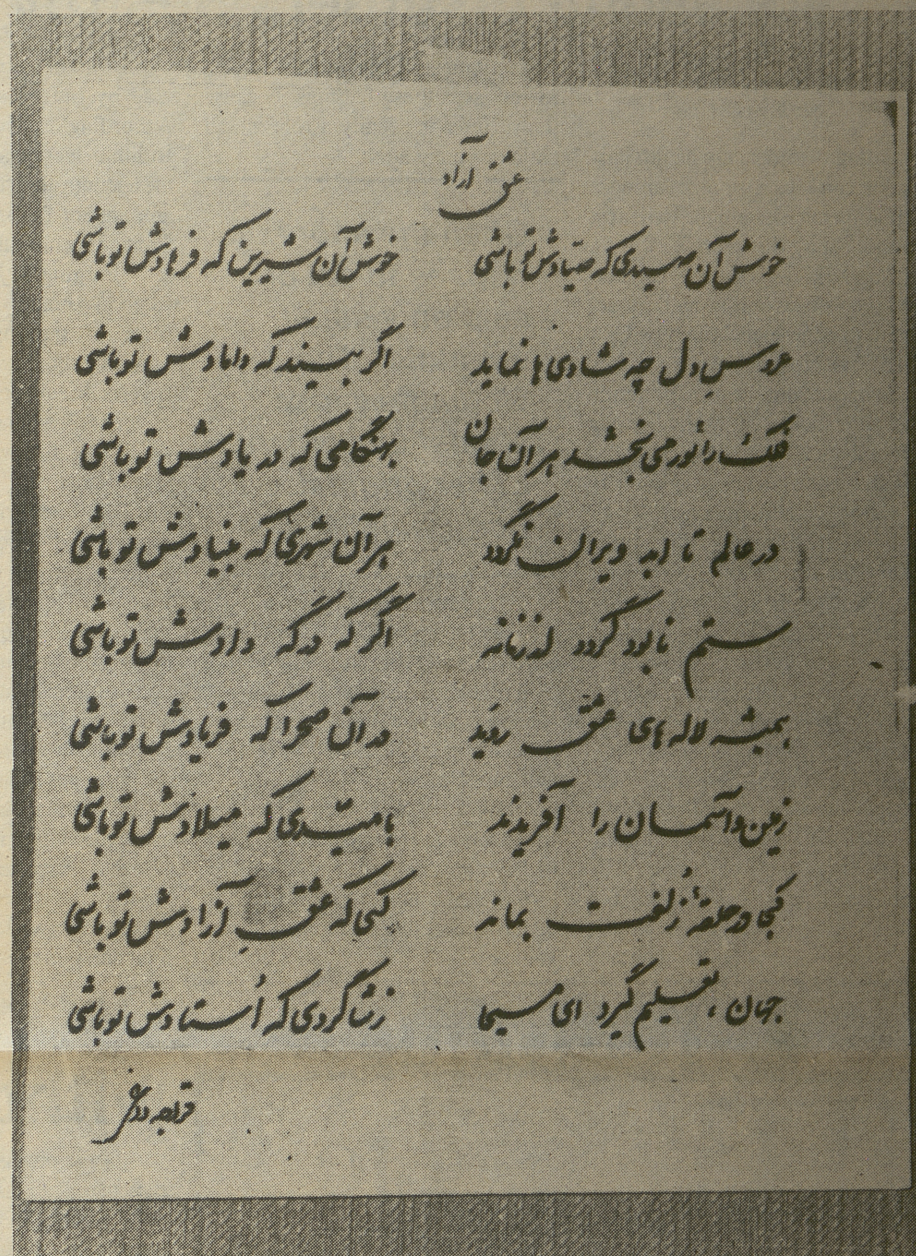
"The administration was very supportive of this event," he said. "Hopefully next year we will extend it from Middle Eastern to international."

A Middle East course will be offered April 2 and last five weeks. To register, students may contact the Registrar's Office in Jenkins Hall, 510-2404.

**CULTURE SHOCK**—(clockwise from left) A Persian poem gives an example of the alphabet at the Middle Eastern cultural exhibit Tuesday. A Persian carpet was one display at the exhibit, where people went to learn about the Middle Eastern lifestyle. Displays were large, from maps and slides to handmade dishes and shoes. Products came from Oman, Iran, Saudi Arabia and Turkey among others. Government Instructor Manouchehr Khosrowshahi holds a samaver, a teapot found in every household in the Mideast. Khosrowshahi put together the exhibit with personal belongings and offerings given by people from different countries. A woman demonstrates carpet weaving, a popular skill in the Mideast.







photos by altrina jones



## Severe eating disorders destroy health

By Laren Pitts  
staff writer

Eating disorders are health hazards that can kill. Anorexia nervosa and bulimia nervosa are the two most common eating disorders.

Anorexia nervosa is characterized by an obsession to be thin, according to pamphlets issued by University Park Hospital. Anorexia may affect anyone, but the most common victims are adolescent girls and young women ages 12-25. Studies by experts show one severe case in every 250 young women over age 15.

Anorexia begins with dieting but to make the diet more effective, the dieter begins to exercise excessively. The feeling of being in control through dieting and exercising, shadows the helplessness the anorexic once felt by being overweight. When this controlled feeling becomes obsessive, the use of laxatives, diuretic medications and intentional vomiting begin.

Often the anorexic refuses to eat or eats only small amounts. The victim may lose almost 25 percent of her original body weight.

Anorexics may be insecure and

perfectionists. The outside world rarely sees these feelings, because the sufferer is usually a role model child or young adult.

**Often the anorexic refuses to eat or eats only small amounts. The victim may lose almost 25 percent of her original body weight.**

Anorexia may permanently damage the heart, kidneys and brain. Signs to watch for are: hair nail or skin problems, overuse of laxatives, social isolation, extreme weight loss, excessive exercise, denial and abnormal appetite.

Physicians and counselors can treat anorexia. If treated early enough, the victims' normal health will return. Family members are urged to attend counseling sessions with the anorexic.

Bulimia nervosa is characterized by binge eating and purging. According to the booklet, "About Bulimia Nervosa," binge eating is the uncontrolled consumption of large amounts of food. Binges may last from a few minutes to several hours.

Purging is getting rid of food eaten in a binge. The most common form of purging is self-induced vomiting, but laxatives, fasting and severe dieting are other forms.

The disorder starts with incidents of fasting followed by intentional vomiting.

This behavior then becomes routine and begins a binge-purge cycle, according to the flier Bulimia issued by University Park. Bulimics need to feel in control of feelings of depression and anxiety.

Bulimics tend to have suffered at one time from anorexia nervosa. Alcoholism and amphetamine abuse are common in bulimics as well.

Bulimia is hard to diagnose because the victim hides the symptoms.

But once the bulimic admits to having the disorder, professional counseling and treatment by a physician and nutritionist can help.

## Tanning beds can cause skin cancer

By Candice Chase  
staff writer

More than 500,000 new cases of skin cancer are reported each year, making it the most common form of human cancer, according to the American Cancer Society. One way to get skin cancer is from the improper use of tanning beds.

Tanning beds have become a popular way to get a tan.

"It's fake, overrated and it's a sure way to a faster death,"

Freshman Heather Long said.

"The UVA tanning rays are not harmful and that is a proven fact," Sherry Tarver, tanning technician at a local tanning salon, said. "The rays we use do not go past the second layer of skin."

Tarver also said their business has been booming for about six weeks and probably will continue until summer. Most of their customers are business persons who are too busy to tan outside.

"Sun rays in any form can be harmful if you don't use caution. Some tanning beds are harmful if they use UV Balerium, the strongest ray," Health Services Coordinator Zelda Boucher said. "And the better ones are not great."

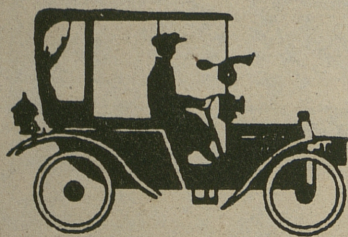
"I like them, but I don't think they are very safe," Genevieve Pendley, who uses a tanning bed every day, said.

"I think it makes a person look healthy and gives color to their face and lightens their hair," Freshman Carrie Norwood who tans daily at local tanning salon, said.

"It looks fake in the off season," Freshman Emily Pepper said.

"They would be great if they didn't make you grow old so fast and didn't cost so much," Freshman Kim Taylor said.

## Attention!



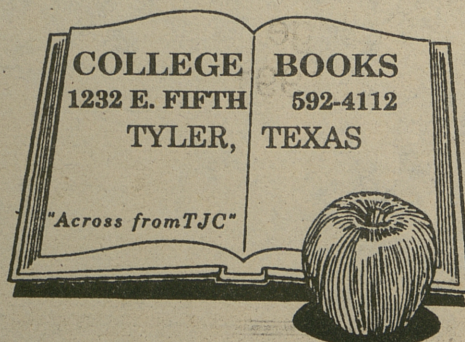
**TJC  
BOUND?**

Stop By The Store  
With the Unique Personality...

**COLLEGE BOOKS**  
"Across From TJC"

\*Save money by buying Used  
Text Books from the store  
specializing in used TJC text  
books since 1971.

We Accept  
VISA &  
Mastercard



## Depression can lead to public withdrawal, health problems

Depression is a mood disturbance that can lead to withdrawal from people and activities, loss of enjoyment of life and physical discomfort.

According to the booklet "What Everyone Should Know About Depression," it affects everyone.

Most people feel down or blue now and then, which is a natural reaction to stress and tension. Others have deeper cases of depression but function fine on a daily basis.

Some become so severely distraught that they cannot face the problems of daily living. They become alcoholics and drug abusers.

Mild depression is the most common form of emotional disturbance. Serious cases affect at least one in five Americans and can affect anyone from children to the elderly.

Depression is caused by personality type, environmental influences, biochemical functions and genetic patterns. People who are self-critical

and very demanding are most likely to be depressed.

Broken homelife, death of a loved one and child abuse are also leading causes of depression.

Mood imbalances influencing chemicals in the brain also cause depression but can be controlled by medications.

help may be needed.

When one suffers from severe depression, a separation from reality occurs. This is caused from inner imbalances such as schizophrenia, alcoholism and drug related problems. In severe cases, victims often see delusions.

Manic depressive illness is like

**Most people feel down or blue now and then, which is a natural reaction to stress and tension. Others have deeper cases of depression but function fine on a daily basis.**

The tendency of suffering depression is greatly increased by genetics. If family members have suffered from depression, following generations are likely candidates.

There are three kinds of depression: mild, moderate and severe.

Mild depression occurs during special events and after childbirth. The cure is usually a change of situation.

Moderate depression is usually caused by a feeling of hopelessness due to a sad occasion and daily activities. Suicide is often a dangerous factor in this stage and professional

riding a rollercoaster, from extreme highs to extreme lows.

Treatments of depression are medication, physiotherapy, and electroconvulsive therapy.

Physiotherapy helps depressives become aware of the causes and helps them to cope.

Electroconvulsive therapy, known as electroshock, is used occasionally to treat severe depression. ECT has side effects such as memory loss and lethargy.

Antidepressants, minor tranquilizers and stimulants are used to help the seriously depressed.

### Cruise Ship Jobs

HIRING Men - Women. Summer Year Round. PHOTOGRAPHERS, TOUR GUIDES, RECREATION PERSONNEL. Excellent pay plus FREE travel. Caribbean, Hawaii, Bahamas, South Pacific, Mexico. CALL NOW! Call refundable. 1-206-736-7000, Ext. C1028

### WANTED

STUDENTS TO LOSE 10-29 lbs.

DIET DISC

100% Natural

Call Vicki

903-581-5758

Distributors needed \$\$\$





photos by joanna tucker

**ANOTHER WORLD--**(Above) Scott Susong, as Ned Talbit, talks to his emotionally fragile daughter Mary (Deann Patrick) in the production of "Borrowed Plumage." (Right) Susi Miller and Scott Susong play a husband and wife who reject their daughter. Dr. David Crawford, speech and theater director, wrote the play in 1978. He is directing the show in the Floating Theatre series which runs at 4 p.m. next Wednesday and Thursday in Jean Browne Theatre. Set in a small community, the play focuses on a young girl who blocks out the pain of rejection and abuse by fantasizing that birds will come and take her away.

## 'Borrowed Plumage' to open next week

By JOANNA TUCKER  
staff writer

A bench, a chair, antique kitchen cabinets and windows look out on a world of imagination. All are props in Jean Browne Theatre where "Borrowed Plumage," a play written and directed by Dr. David Crawford, speech and theater director, runs at 4 p.m. Wednesday and Thursday.

The play had a successful run in an off-Broadway production at Provincetown Playhouse in Greenwich Village. A publisher suggested that Crawford should pull the play out of his files and "dust" it off.

The best way to do this is to produce it, Crawford said. And producing it here in the Floating Theatre series, a workshop for directors and actors, provides an opportunity for student actors to gain more experience.

Juggling academics with acting is not an easy job, but good actors who aspire to greatness are dedicated, Crawford said.

Taking time from busy schedules — all cast members are involved in other productions — they come prepared to leave themselves behind and step into another world and character.

Crawford's dry wit and mild-mannered directing establish a rapport between himself and the cast.

As he cuts lines and changes dialogue, a cast member asks, "Do you want me to play both parts?"

"I hope not. It might be a stretch for one of you," Crawford responds.

Set in a small community, the play's theme is one of a young girl, born into the wrong family. She blocks out the pain of rejection and abuse by fantasizing that birds will come to take her away.

Mineola sophomore Deann Patrick plays Mary Talbit, an emotionally fragile young girl who teeters between reality and fantasy. A tragic incident threatens to upset this delicate balance, pushing Mary over the edge.

Tyler sophomore Scott Susong is Ned Talbit, Mary's father.

He tells his friend Sid, played by Lufkin freshman Jonas Estes, "When she was birthed, I swore she wasn't mine; wouldn't touch her; thought she looked like a danged baby bird — that ugly, you know."

Sugarland freshman Kathy Pearsey plays Elizabeth, Mary's best friend, who returns after being away for a long time.

Lindale sophomore Susi Miller is Sarah Talbit, Mary's mother. Lubbock sophomore Perry Crafton is Joe Ellis, who loves Mary but is driven off by Mary's father.

Susong is also rehearsing a Brickstreet Playhouse production, "The Miracle Worker." He will be Arthur and Crafton plays Mordred in the spring musical, "Camelot."

No admission is charged for Floating Theatre plays.



# arc

Association for Retarded Citizens and Walk a Mile for a SPECIAL Child

wish to express our thanks to the  
Faculty and Students of Tyler Junior College  
for their participation in our Walk March 2, 1991

*You're the Greatest!*



## Coach takes team to varsity soccer ranks

By **WAYNE CARTER**  
staff writer

Soccer Coach Dr. Peter Jones has taken the TJC soccer team from club to varsity status in only two seasons. Jones also teaches history full-time.

On the soccer field, Jones uses understanding that comes with more than 40 years of participation as a player and coach to mold a group of talented individuals into a winning team.

Jones began playing soccer in his native England when he was about 4 years old. He joined his first school team in 1950 when he was 7. In a four-year span, he played on two district champion teams and two district runner-up teams.

Jones moved with his family to Canada and then to the United States in 1954.

In 1958, he joined a club team in Los Angeles where he played club soccer through 1964. The 120 to 130 teams on the club circuit each had about 20 players.

In the seven years he played, Jones said he knew of only one U.S. native who was a member of a team. Soccer was at that time far from the popularity it has today in this country.

In 1964, Jones started a club team at Tennessee Tech where he was a player-coach through 1968. He then went to the University of Okla-

homa to pursue his Ph.D., and became player-coach of the O.U. club team.

In 1976 Jones helped start a club team at TJC and again served the dual role of player-coach.

The team had an excellent record overall and was undefeated in 1977, but soccer was just beginning to take root with young kids in the U.S. After two years of no school or community support, Jones grew tired of the burden and the club folded when no one stepped in to take his place.

TJC had no soccer team of any kind for about 10 years until September 1988. Kids who had grown up playing soccer all the way through high school were not able to play for larger colleges with soccer teams. In response to their demands, TJC established, under Jones' leadership, a club team.

Athletic Director Dr. Billy Doggett asked he to take the job, and Jones accepted, happy to be able again to take an active role in the sport he loves.

Under his direction, the team compiled a terrific record. They rolled up an 11-2-4 mark against such teams as Rice, Louisiana State, McNeese State and the University of South Louisiana in their first season as a varsity sport this past fall. They also placed first in the Richland College soccer tourney.

At the end of the regular season



**ROLLING ALONG**--Soccer Coach Dr. Peter Jones has taken the TJC soccer team from club to varsity status in only two seasons. Only four junior colleges in Texas field varsity soccer teams.

the team won its first-round game, but was eliminated in the second round in district playoffs in Georgia.

Team members have also garnered numerous individual honors. Lance Johnson was named All-American last season. Ted Johnson and Todd Travis made the Academic All-America team. Brad Bass, Lance Johnson, Allen Stiles and John Stiles were named to the All-State squad.

Though they have no spring season, the team is competing against

other teams to keep the program moving and have some fun playing soccer, Jones said.

They played The University of Texas at Austin to a 1-1 tie last month here.

Only four junior colleges in Texas field varsity soccer teams. Only a few more field a club team. In two to three years, Jones said, he would like to see 10 or more Texas junior colleges supporting varsity soccer programs.

The TJC soccer team tries to help fledgling clubs and teams by playing games against them. Because TJC has had such success in going from a club sport to varsity status in only two years, they also offer advice on establishing a team.

The success of the TJC program would have to be encouraging to any school considering adding soccer as a sport.

"We have proven that we can be competitive," Jones said.

## Tennis team gears for Region XIV title

The TJC tennis team is off and running in pursuit of the Region XIV title and a berth in nationals in May.

Since their second-place finish in the Volvo/Intercollegiate Tennis Coaches Association Indoor Championships three weeks ago, the Apache men and women have been busy playing dual matches.

The women have posted an 11-0 record thus far. That record may be somewhat misleading, Tennis Coach John Peterson said, because they have yet to meet a really strong team in a dual match.

The men's record stands at 7-2, with the losses coming against the University of Oklahoma and Southern Methodist University.

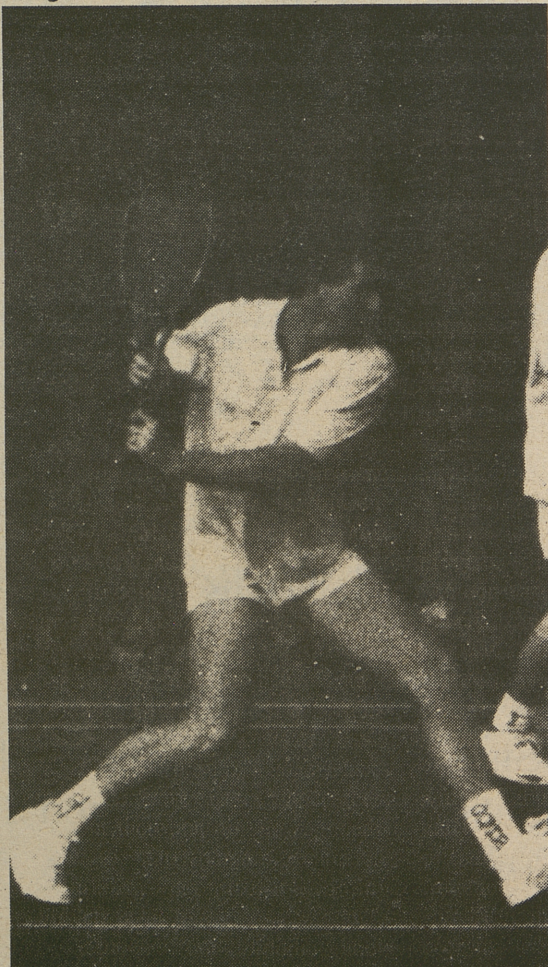
Their seventh win came in a narrow 5-4 defeat of Temple Junior College Tuesday evening here. The teams were in a 3-3 deadlock after singles competition. TJC managed to take two of three doubles matches and the win, despite losing No. 1 doubles.

This weekend both squads will host the Apache Invitational at TJC and at The University of Texas at Tyler.

The women's tournament will be all day tomorrow and Saturday at UT Tyler. Competition will be in draw format.

The men's tournament, to be played at TJC, will be in dual match format. Tomorrow, TJC will play Odessa at 8:30 a.m. and Paris Junior College at 1:30 p.m. Midland Junior College, the No. 1 team in the country, will play PJC at 8:30 a.m. and Odessa at 1:30 p.m.

Saturday's action will see Odessa and PJC square off at 8:30 a.m. followed by a clash between TJC and Midland at 1:30 p.m.



**ON THE BALL**--The Apache tennis team has been busy playing dual matches to get ready for the Region XIV titles and a berth in nationals in May.

### Comics Sale

Marvels, DC's, Independents

Starting at \$1

**HURLEY'S BOOKS**

107 S. Bonner

903/592-9038

### BRAKES

FRONT END ALIGNMENT

ALL TYPES OF AUTO REPAIR

5th Street  
**AUTOMOTIVE  
SERVICE**

Johnny Hawkins  
Owner

1225 E. Fifth  
Tyler, Texas 75701

A. C. 903  
597-7588 -- 597-0841